This is me

My life a full life

Care passport

My name is:	
I prefer to be known as:	
My preferred contact:	
My address is:	

This is me Everything The carer/pe

Everything you need to know to care for me

The carer/person who knows me best



I would like you to know



My home and family, things that are important to me



My life so far



My hobbies and interests

Things which may worry or upset me



I like to relax by

My hearing



My eyesight

My community support is provided by

This is about my care and support				
	Y/N	Comments		
Known allergies	Yes			
	No			
Breathing I have some difficulties with breathing I am a smoker	Yes			
I have oxygen at home?	No			
Eating & drinking I can eat and drink without help I need help to eat and drink	Yes			
I have a special diet which is Weight Date last weighed	No	Recent loss or gain		
Using the toilet I have the following urinary problems	Yes			
I have the following bowel problems	No			
Personal hygiene & dressing I need help with washing & dressing	Yes			
I need help to shave I have dentures	No	Top Bottom Both		
Skin I have a wound/s due to pressure injury Dressed with	Yes			
District nurses involved				
Mental & emotional state I have problems with my memory or mood I have problems this often (include how	Yes			
frequently you have memory problems)	No			
Mobilising & safety I can walk safely without equipment	Yes			
I need assistance to get about I have had falls before (e.g. include how often, when was last fall)	No			
Sleeping I have problems with sleeping	Yes			
I use medication to help me sleep My normal sleeping pattern is	No			
Communication I am able to communicate vocally	Yes			
I may stutter from time to time I use pictures or symbols to communicate I use Makaton or British Sign Language	No			

I have the following long	term conditions		
Things that may put me in	danger and at risk		
	with my care (Please tell us whary resuscitation (DNACPR) decision		
e.g. Do not attempt caralopalmor	iary resuscitation (DIV (CITY) decisio	rr (parple 10111) in place.	
My medication	ration Docard (NAAD chapt) and my	modicinas (which may be in a	
see separate Medication Administration Record (MAR sheet) and my medicines (which may be in a green bag) – include details of how I like to take my medication e.g.: liquid, on a spoon / with food			
Date completed	By whom	Relationship to me	