

## HIGH CALORIE MEALS



SAINSBURY'S CHICKEN TIKKA MASALA - 512kcal

ADD 1 NAAN BREAD – 192 kcal

704 kcal



CHARLIE BINGHAM'S  
MACARONI CHEESE WITH  
PANCETTA

742 kcal



RUSTLERS DOUBLE DECKER  
BURGER

646 KCAL

## HIGH CALORIE SNACKS & DESSERTS



SAINSBURY'S STICKY TOFFEE  
PUDDING

397 kcal per pudding



SAINSBURY'S DANISH  
PASTRY RAISIN WHIRLS

366 kcal per whirl



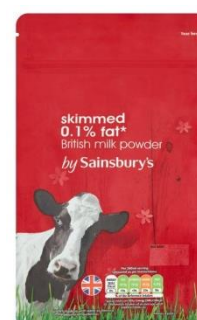
SAINSBURY'S TASTE THE  
DIFFERENCE LEMON CURD  
YOGURT

249 kcal



SAINSBURY'S BREAD &  
BUTTER PUDDING

270 kcal per pudding



SAINSBURY'S  
SKIMMED MILK  
POWDER FOR  
FORTIFIED MILK