

## PRACTICE PROFILE

Area		Location		Contact Number
Shackleton Ward		St Mary's Hospital		01983 552575
Directorate	Community MH&LD		Annual Review of Profile due	February 2020
Professional Lead	Sarah Edward		Department Manager	Andrew Tate
Education Lead			Sarah Edward	
Education Lead Contact Details			<a href="mailto:Sarah.edward@iow.nhs.uk">Sarah.edward@iow.nhs.uk</a> 01983 822099 ext 2575	
HEI Representative			University of Southampton - Moira Sugden, Open University – Neil Linfield, Gemma Cherry, Donna Stafford	
HEI's using this Learning Environment			University of Southampton Open University	
Learning Environment Mission Statement			Can be found in the welcome pack – Trust mission statement <i>'Care' is the golden thread running through everything we do.</i>  <b>C</b> ompassionate  <b>T</b> eam-working  <b>I</b> mproving  <b>V</b> alued	

### LEARNING ENVIRONMENT PROFILE

General Information	Insert web link
Description of Service and Client Group	<p><b>Shackleton is a 4 bed in-patient assessment and treatment unit. We look after people who have an organic illness (mainly a Dementia) with associated challenging behaviour. Mostly patients will be over 60 years of age</b></p> <p><b>Occasionally patients suffering from an alternative organic brain injury may require admission to Shackleton. These can include those suffering: Brain Injury due to a stroke/RTA etc; Huntington's Chorea People who have MS.</b></p> <p><b>Occasionally people under 60 will be admitted for assessment and/or treatment if Shackleton is felt appropriate and their illness decrees it necessary.</b></p> <p><b>Shackleton is a consultant led unit, and Patients do have to be seen by a consultant prior to admission, or their agreement to admission sought by the referring party. As part of the discharge process, when patients are on Section 17 leave , we are able to offer verbal input and, when possible, to offer visits and management strategies in order to keep the person involved in a more homely surrounding, to try and avoid re-admission back to hospital.</b></p> <p><b>The Isle of Wight Trust has also purchased 4 Step Down Beds at Northbrooke House in Haven Street. These beds are pacifically for Shackleton Patients who are medically fit for discharge but do not have a placement available to them. They are assessed by Northbrooke and transferred by us. Whilst Northbrooke staff oversee the day to day care</b></p>

All relevant policies and procedures relevant to the learning environment can be accessed via the Intranet

	<p>for that person, Shackleton staff have regular contact, Monday and Friday by telephone and an MDT held on Wednesday at Northbrooke. Consultants remain the same and attend to any Mental Health issues, whereas the GP for Northbrooke will act upon any physical needs, as they may arise. Social Worker also remains the same and is the lead in continued search for appropriate placements during the, up to 8 week stay.</p> <p>There are In reach work stream meetings set up as part of the Dementia Strategy which include heads of nursing and residential homes and in-patient working streams which involves collaborative working with staff from wards at St Mary's and the Dementia Liaison Nurses.</p> <p>An Alzheimer's café – for relatives and others to attend – serves to raise awareness, offer friendship, support and education for those wishing to attend.</p>
<p>Description of related services &amp; Client group</p>	<p>Older persons mental Health, mainly looking after people of 60+ years. Working with the Memory Service.</p> <p><b>Key Learning Experiences:</b></p> <p><b>5 Mentors – we offer buddy mentors to all students in order that they get as much support as possible during placement.</b></p> <p>Learn about various forms of dementia – Shackleton hold Teaching sessions in layman's terms and we also have ward based learning resources as well as encouraging self directed learning with support and guidance.</p> <p>Communication skills, using therapeutic environment, learn a little bit about yourself.</p> <p>There can be verbal abuse and physical resistance. (Learn how not to take things personally, how to withdraw from a situation safely and effectively). Breakaway training and Physical Intervention skills training will be provided.</p> <p>Learn how to work with and treat someone who has Dementia as an individual. Be a part of holistic care giving.</p> <p>Using your environment effectively in order to provide optimum patient care.</p> <p>Meet physical care needs, to do daily ob's (blood pressure, diabetes, hypertension).</p> <p>Wounds – assessing wounds, using aseptic techniques, wounds dressing, liaising with the tissue viability team.</p> <p>Take an active part in development of our service (If you see something you don't like or if you know a different way of doing something that you think will work then let us know, you will be supported and we will look at change/ improvement.)</p> <p>Medications used in the elderly including side effects, alternate uses.</p> <p>In-house training available to students.</p> <p>Learn about the MHA, MCA, DOLs etc;</p> <p>Care planning – the whole process.</p> <p>Take the opportunity to work in Memory Services with CPN's and Dementia Liaison Nurse and see what the memory clubs do.</p> <p>Visit the residential/nursing homes to support patients on Section 17</p>

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leave.

## LEARNER INFORMATION

Work Pattern (Start, finish times)	<p><b>3 shifts with mentor a week.</b></p> <p>Earlies 6.45 – 14:45, lates 13.00 – 21.00 and nights 20.30 – 7.00. (nights are optional, but encouraged). First shift is likely to be middle for induction, introduction and orientation.</p>
Dress Code	<p>University of Southampton Mental Health Student uniform (purple polo shirts and trousers), proper foot wear, minimal jewellery, hair tied back (in uniform policy)</p>
Induction/Orientation programme	<p>There is a welcome folder, covering all relevant information for the placement. Students are invited to add to or make suggestions on improving this.</p>
Staff / rest room facilities	<p>Staff toilet on the ward. There are lockers provided in the laundry room for storing valuables and these are used on a shift by shift basis. Changing can be undertaken in the ward toilet or in the hospital changing room where auto valet service, lockers and showers etc; are also provided – contact this service for availability and securing service (there is a small fee for this service, refunded on surrender of keys). Food can be brought to the site, there are facilities in the main shared kitchen, microwave, fridge. The full circle restaurant is also located on site not far from the ward.</p>
Expectations during placement	<p>We expect the student to work as part of the team in the realms of where they are in their training. We expect them to be governed by the policies and procedures. Be enthused, willing to participate, feel able to ask and to raise questions and concerns. To have an idea of what they want out of the placement.</p> <p>Prefer a visit before they are due to start, or at least a phone call.</p>

## LEARNING OPPORTUNITIES & RESOURCES

Recommended reading/Websites	<p>Look up various forms of dementia.</p> <p>Contact or look at Alzheimer's society website for updates.</p> <p><b>Dementia strategy.</b></p>
Common Abbreviations	<p>Available in student pack.</p>
Specific learning opportunities	<p><b>Wound assessment and treatment. Assessment and treatment of patients with dementia and challenging behaviour. Medicines management. Management and distraction techniques. Supervision and reflective practice/incident reviews. Care planning. Full range of opportunity for students to provide nursing care for a wide spectrum of mental health problems. Opportunity for leadership with appropriate supervision. Opportunity for 'in house' training and mandatory updates.</b></p> <p>This list is by no means exhaustive.</p>
Specific areas of expertise/clinical skills	<p><b>Medication used in Dementia treatment and alternative uses.</b></p> <p><b>Specialist Dementia care.</b></p>
Common Assessments / Interventions/Care pathways	<p><b>Physical observations, MMSE (mental state examination), Management of ADL's, medication, blood glucose monitoring, Wound assessment and treatment, Admission and Discharge planning, care planning. Venepuncture and ECG's.</b></p>
Models of practice experience e.g Hub and	<p>Shackleton in-patient we work alongside the Multi Disciplinary team, Consultants, Social Worker, OTs Physio, SALT, Ward SHO, Named Nurse, Family, friends,</p>

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Spoke, Care pathways, Patient Journeys	Advocate and the patient themselves. When on leave, Shackleton liaise and support if required, with the home until discharge.
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**MULTIAGENCY LEARNING OPPORTUNITIES / RESOURCES**

Multi-professional learners accessing the environment	<p><b>Memory services include 2 OT's who come over.</b></p> <p><b>OT's go to homes, or patients home or can work with students here.</b></p> <p><b>CPA's, Psychiatrists, SHO's. Clinical days are encouraged, case conferences.</b></p> <p><b>Social Services ( Care Manager regularly attends all case conferences and liaises with others).</b></p>
Professionals working in the environment	<p>See above.</p> <p>RMN's</p> <p>RGN (adult)</p> <p>RNLD x 2.</p>
Opportunities to meet EU directives (Nursing)	<p>Students may occasionally work with obstetric patients but there will definitely be opportunities for students to work with both mental health and learning disability patients.</p>