

## PRACTICE PROFILE

Area		Location		Contact Number
Woodlands		Mary Rose Avenue, Wootton Bridge		01983 884136
Directorate	Community and Mental Health	Annual Review of Profile due	February 2020	
Professional Lead	Bev Fryer	Department Manager	Jane Irwin	
Education Lead		Jane Irwin		
Education Lead Contact Details		01983 884136 / <a href="mailto:jane.irwin@iow.nhs.uk">jane.irwin@iow.nhs.uk</a>		
HEI Representative		University of Southampton – Moira Sugden, Open University – Neil Linfield, Gemma Cherry, Donna Stafford		
HEI's using this Learning Environment		University of Southampton, Open University		
Learning Environment Mission Statement		Our philosophy at Woodlands is to provide the highest standard of service for those people suffering from serious and / or enduring mental health problems and to meet their needs to the best of our ability. Our interventions will recognise the role of the carer / relative and will seek to include them (with the service users consent) when planning care. Service users are encouraged to work out strategies to take control of their life, taking responsibility and having hope		



### LEARNING ENVIRONMENT PROFILE

General Information	<a href="http://www.iow.nhs.uk/Working-With-Us/learning-zone/student-welcome.htm">http://www.iow.nhs.uk/Working-With-Us/learning-zone/student-welcome.htm</a>
Description of Service and Client Group	Woodlands is a residential rehabilitation unit which has 11 individual rooms and is part of the overall Adult Mental Health (AMH) Services for Isle of Wight NHS Trust. The team works closely together with the community Rehabilitation and Recovery Team to make up the overall Rehabilitation and Recovery Service. The unit caters for people primarily aged between 18 and 65 and admission is by referral only. Referrals are also accepted from mainland specialist forensic units with the aim of returning Island residents (3 beds specifically allocated for this purpose). People with a diagnosis of psychotic illness, bi-polar disorder, chronic depression, co-morbid Personality Disorder and dual diagnosis (dependant on the degree of alcohol and drug abuse) will be accepted for assessment for admission. The majority of admissions are from the acute in-patient service and mainland placements (Island resident returnees), but can also be referred by care coordinators from community settings.
Description of related services & Client group	See profile for the rehab and recovery service

### LEARNER INFORMATION

Work Pattern (Start, finish times)	Early shift 06.45- 14.45 Late shift 13.15 – 21.00 Middle shift 09.00- 17.00 Night Shift 20.30- 07.00
Dress Code	IOW NHS Trust dress code policy
Induction/Orientation programme	Organisational induction by CET followed by local induction within clinical area

All relevant policies and procedures relevant to the learning environment can be accessed via the Intranet

Staff / rest room facilities	Cloakroom in office for personal belongings. Somewhere to eat packed lunch. Local shops in walking distance to buy lunch etc..
Expectations during placement	All students to follow Health Education Wessex learning charter and The IOW Trusts Vision, Values and Behaviours Framework.  See embedded documents    140820_CS38511 A3 Vision values and & A4 learner charter behaviours poster - M

### LEARNING OPPORTUNITIES & RESOURCES

Recommended reading/Websites	Sainsbury Centre for Mental Health  NICE Guidelines Schizophrenia  Recovery Model (Mental Health Foundation and RETHINK)  MIND Website
Common Abbreviations	DBT Dialectical Behaviour Therapy, WRAP (Wellness Recovery Action Plan)
Specific learning opportunities	Weekly Multi-disciplinary Ward Round, Fortnightly Team supervision facilitated by psychologist.  Please see below.
Specific areas of expertise/clinical skills	Psychosocial interventions, DBT, Recovery Concepts, Clozapine Use  Common conditions: Schizophrenia, Bi-polar disorder, Depression, Personality disorder, Dual Diagnosis (Drug and alcohol)
Common Assessments / Interventions/Care pathways	Camberwell assessment of need, Rethink Physical assessment tool , Becks Depression Scale, Millon, Social function scale  Psychosocial interventions, DBT, WRAP , Self medication programme, Physical fitness instructor
Models of practice experience e.g .Hub and Spoke, Care pathways, Patient Journeys	Hub and Spoke with Community Rehab and Recovery Team, Clozapine Clinic, In-patient acute service , Southfields Low Secure Unit, Quay House, Various Residential Mental Health supportive placements.

### MULTIAGENCY LEARNING OPPORTUNITIES / RESOURCES

Multi-professional learners accessing the environment	Mental Health Nurses, OT, Psychologists
Professionals working in the environment	Mental Health Nurses, OT, Psychologists
Opportunities to meet EU directives (Nursing)	Mental health and psychiatry, potential maternity care, general and specialist medical / surgical, care of the old and geriatrics

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