



Talking to your doctor about your medicines

Please complete this form to help your doctor understand how your medicines make you feel.

You can also tell your doctor if you have any problems with your medicines.



My name is ...

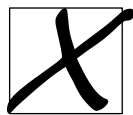
My Name _____

How to use this booklet

Complete each question below by putting a cross into the box next to the answer you want to choose.

Example:

Are you a patient at this surgery?



Yes




No




Not sure



Do you know what your medicines are for?


Yes



No


Not sure



Do you need help to take your medicines?



Yes



No


Not sure



Do you take your medicines as your doctor told you to?



Yes



No



Not sure

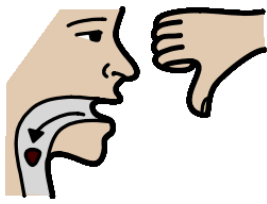


Do you find it hard to remember to take your medicines?


Yes


No


Not sure



Do you find it hard to swallow your medicines?

Yes No Not sure



Are the times you take your medicines difficult?

Yes No Not sure



Do you buy any other medicines? Yes No

If yes where do you buy them from?

Supermarket Pharmacy Internet

How do your medicines make you feel?



I feel tired

Yes No Not sure

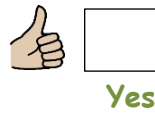


I find it hard to see things

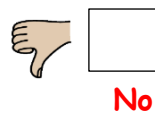
Yes No Not sure



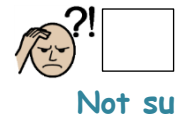
My arms and legs are hard to move



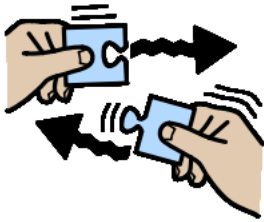
Yes



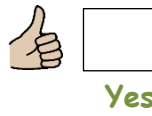
No



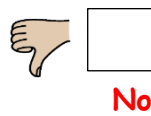
Not sure



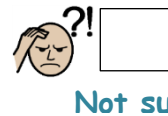
I feel shaky



Yes



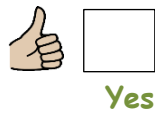
No



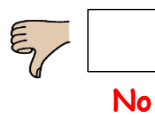
Not sure



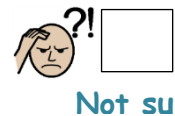
I need to go to the toilet more



Yes



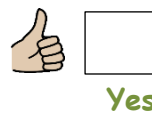
No



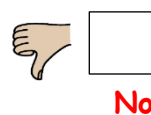
Not sure



I find it difficult to go to the toilet



Yes



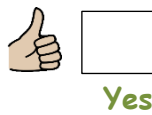
No



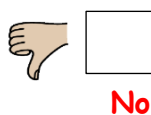
Not sure



My mouth is very dry



Yes



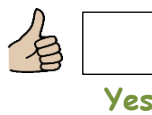
No



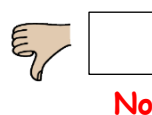
Not sure



I'm eating more food



Yes



No



Not sure



My mouth gets very wet



Yes



No



Not sure



I have itchy skin



Yes



No

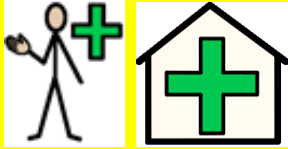


Not sure

If there is anything else you want to tell your doctor (or pharmacist), you can write it here.

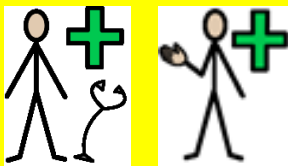
****End of questions****

Top tips for taking your medicines!



Pharmacy

You can talk to your pharmacist if you have any questions about your medicines



Doctor

Pharmacist

You can talk to your doctor or pharmacist about any problems you have with your medicines



If you keep forgetting to take your medicines, you can set an alarm on your phone.