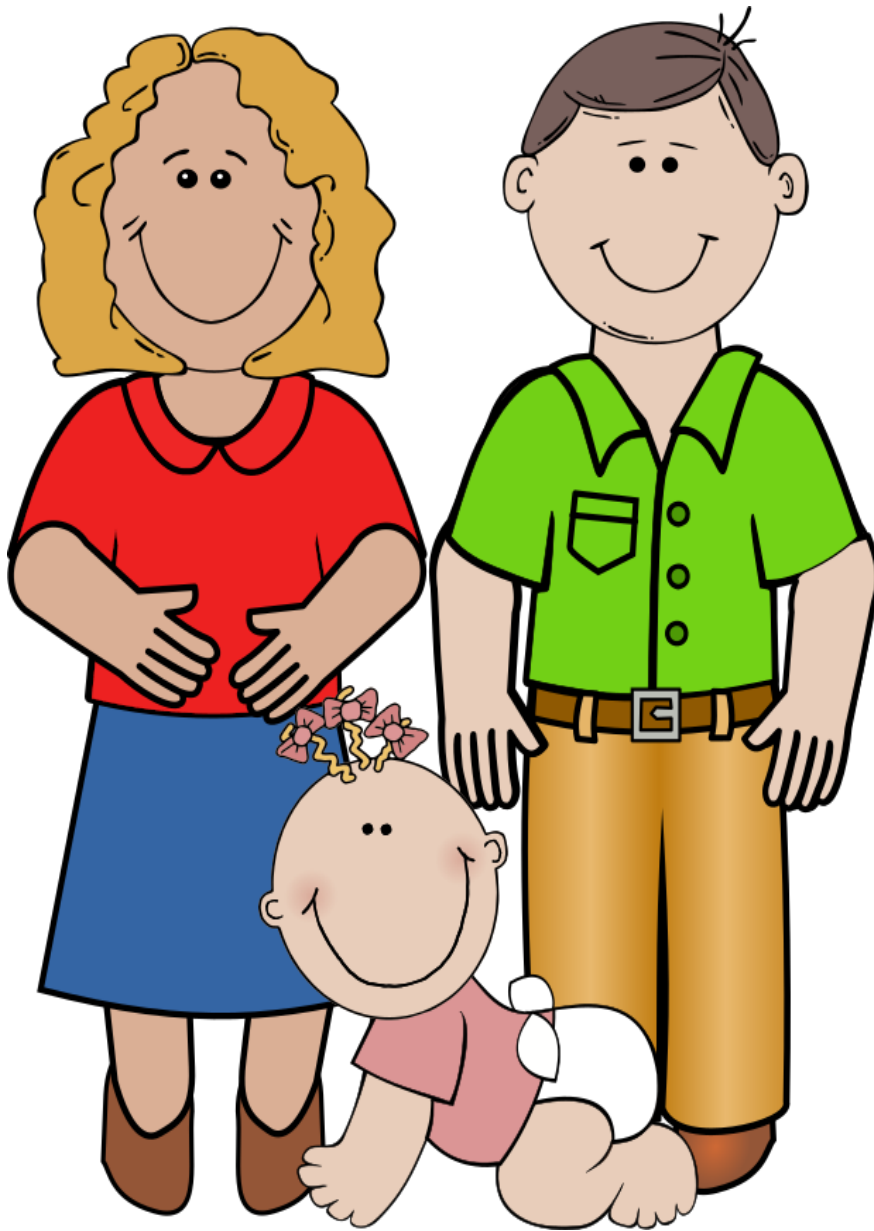


## WHAT TO EXPECT WHEN YOU ARE EXPECTING

The Midwifery team at St Mary's Hospital invite you attend an Antenatal Information Session.



Session One will include:

- 👶 My Maternity Choices
  - 👶 Early care in labour at home
  - 👶 Labour care in hospital and pain relief options
- 

Session Two will include:

- 👶 Labour: when nature needs help
  - 👶 At home with your baby – the first week
- 

**Venue:** St Mary's Hospital Antenatal Clinic  
(where you have your scans)

**Dates:** As follows -

Session 1 – Tuesday 4<sup>th</sup> June

Session 2 – Wednesday 12<sup>th</sup> June

Session 1 – Monday 24<sup>th</sup> June

Session 2 – Tuesday 2<sup>nd</sup> July

Further dates to follow.

***Please contact the Maternity Co-ordinator to  
book a place on 822099 ext. 3210.***