

Sun Care & Travel Accessories

The Summer Sun and your Health when Travelling

2017



Staying healthy while traveling ensures you make the most of your trip. Not only do we ensure you are protected on your travels with your vaccinations but also by offering consumables and accessories for

- Sun protection
- Bite avoidance and Insect repellent
- Water purification and hydration
- Travel medical kits

All essential for preventing illness while away.

Holiday destinations, including colder climates, are usually a lot sunnier than those to which we are accustomed.

It has been well reported that exposure to the sun can damage your skin, making you look older and increase the risk of Skin Cancer.

Sunburn, Heat exhaustion and Sunstroke are at the very least unpleasant and can, in fact, be life threatening.

Protecting yourself with a high factor (SPF) sunscreen and covering up with shirts and hats, especially during the midday sun between 11am and 3pm should be a given.

This is particularly important when travelling at high altitudes where there is less atmosphere to filter out the sun's harmful rays.

For this reason our carefully selected range of Sun products give essential and maximum protection for both adults and kids.

We stock Sun products that protect with SPF15 to the maximum SPF50 and from well-known brands such as Hawaiian Tropic, Banana Boat and Care Plus.

For prices and availability on the full range we stock please visit our travel clinic web page at www.iow.nhs/occhealth or come in and see us.

You can also check us out on Facebook @IOWTravelHealth

With the summer months now upon us we will also be offering fantastic summer savings with

3 for 2

on all products until September. So hurry while stocks last.

Occupational Health & Travel Clinic



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