

Patient Information Leaflet

**BOWEL CANCER FOLLOW-UP**

**Produced By: Macmillan Colorectal Clinical Nurse Specialist**

**Date: September 2014  
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**Introduction:**

This information leaflet is designed to inform you of the follow-up care you will receive from the colorectal team following your treatment for bowel cancer. You may be seen by various members of the team, including the Consultant, Staff Grade, Registrars, Senior House Officers and the Colorectal Nurse Specialist.

**How frequently will I need to attend the outpatient clinic?**

Generally you will be given appointments for the clinics as indicated below. However the frequency of these may be altered to suit individual needs.

- ◆ 3 monthly for the 1st year
- ◆ 6 monthly for the 2nd and 3rd year
- ◆ Yearly for the 4th and 5th years

**How often will I need a colonoscopy after my treatment?**

In general, you will need to undergo a Colonoscopy every 3-5 years. If polyps are found, colonoscopy may be repeated more frequently.

**What will happen at the clinics?**

You will be usually seen by either the Colorectal Nurse Specialist or specialty doctor but this may be alternated with members of the multidisciplinary team.

**Colorectal Cancer 5 year follow-up****◆ 6 Weeks**

Following your surgery an appointment will be made in the surgical clinic.

**◆ 3 Months**

Outpatient appointment

**◆ 6 Months**

Outpatient appointment, colonoscopy if incomplete pre-operatively

**◆ 9 Months**

Outpatient appointment

**◆ 12 Months**

Outpatient appointment, CT scan + colonoscopy

**◆ 18 Months**

Outpatient appointment

**◆ 24 Months**

Outpatient appointment + CT scan

**◆ 30 Months**

Outpatient appointment

**◆ 36 Months**

Outpatient appointment, CT scan

◆ **48 Months**

Outpatient appointment

◆ **60 Months**

Outpatient appointment, colonoscopy

**We usually arrange a blood test for you a week prior to your outpatient appointment. A blood request form will be given to you at clinic ready for your next appointment.**

**Who do I contact if I have any concerns or questions?**

Please contact the Colorectal Nurse Specialist.

Contact phone number: 534180

Email address: [helen.fulford@iow.nhs.uk](mailto:helen.fulford@iow.nhs.uk)

For health advice and out of hours GP service please call the NHS 111 service on: 111.

**OTHER USEFUL CONTACTS**

Macmillan Cancer Support  
0845 601 6161  
[www.macmillan.org.uk](http://www.macmillan.org.uk)

Cancer Research UK  
Information nurses : 0808 800 4040  
[www.cancerresearchuk.org](http://www.cancerresearchuk.org).

Beating Bowel Cancer  
08450 719301  
[www.beatingbowelcancer.org](http://www.beatingbowelcancer.org)

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