



Isle of Wight
NHS Trust

Patient Information Leaflet

Breast Screening Assessment Clinic

Produced by:
Breast Screening Unit

Date: June 2017
Review due: June 2020



SMOKEFREE
Isle of Wight

The logo for Smokefree Isle of Wight, featuring a stylized icon of a person with arms raised above the text.

If you are unable to read this leaflet because English is not your first language, please ask someone who speaks English to telephone PALS on 01983 534850 for further information and help.

Polish:

Jeśli nie jesteś w stanie przeczytać tej ulotki bo angielski nie jest pierwszym językiem, poproś kogoś, kto mówi po angielsku, o kontakt telefoniczny z (PALS 01983 534850) aby uzyskać więcej informacji i pomoc

Russian:

Если вы не можете прочитать этот буклет на английском языке потому что не является первым языке, пожалуйста, попросите кого-нибудь, кто говорит на английском языке для телефонного (PALS 01983 534850) для получения дополнительной информации и помощи

Turkish:

Eğer İngilizce ana diliniz değilse, çünkü bu broşürü okumak için yapamıyorsanız, daha fazla bilgi için 01983 534850 üzerinde PALS telefon İngilizce bilen birine sormak ve yardım lütfen

Bulgarian:

Ако не сте в състояние да прочетете тази листовка, тъй като английският не е първи език, попитайте някой, който говори английски, за да телефонирам (PALS на 01983 534850) за повече информация и помощ

Czech:

Pokud nejste schopni přečíst tuto příbalovou informaci, protože angličtina není vaším rodným jazykem, zeptejte se někoho, kdo mluví anglicky na telefonní PALS na 01983 534850 pro další informace a pomoc

Bengali:

আপনি ইংরেজি আপনার প্রথম ভাষা না থাকার কারণে এই লফিলটে পড়তে অক্ষম হন, তাহলে আরও তথ্যের জন্য 01983 534850 নভেগিশেন PALS টেলিফোনে ইংরেজি কথা কটে জিজ্ঞাসা করুন এবং সাহায্য করুন

Thank you for attending your breast screening appointment recently. Your films have now been reviewed by our doctors. As explained in your invitation letter, screening is sometimes undertaken in two stages. Second stage screening is required in your case. The specific reason for this will be explained when you attend your appointment.

Possible reasons why second stage screening may be required:

- A clinical abnormality noted by you or the radiographer.
- Asymmetry of tissue – this is usually a normal finding.
- Overlapping breast tissue caused by the compression during your mammogram.
- Benign (that is not cancerous) areas that require further investigation for confirmation.
- Microcalcifications (small flecks of calcium) these are usually associated with benign conditions such as cysts.
- Suspicious areas or distortion that may be a sign of an early cancer.

The majority of women called for second stage screening do not have a cancer. If a breast cancer is detected early there is an excellent chance of making a full recovery.

During your appointment you will be seen by both male and female staff and chaperones are available.

What further investigations may be necessary at second stage screening

During your second stage screening other investigations may be necessary, where possible they will be carried out during that visit. These could include:

Clinical Examination: Where the clinician will examine your breasts with their hands and look for any changes in their natural shape.

Mammogram: Further mammograms may be required. This may only be necessary on one breast.

Ultrasound: This is completely painless and involves some gel being put on your breast then an instrument which produces and detects sound waves is passed over your skin to give an image of your breast.

Fine needle aspiration: This is a test in which some cells are removed from your breast using a fine needle guided by the ultrasound machine. The cells will be examined under the microscope. Another appointment will be given for you to receive the results the following week. You may experience some bruising afterwards.

Core biopsy: This is similar to a fine needle aspiration. The ultrasound or mammogram machine is used to guide the doctors to the exact area to be biopsied. Local anaesthetic is given to numb the area and make the procedure more comfortable. A small piece of breast tissue is removed using a special needle. Some bruising may occur for up to a week after the procedure. An appointment will be given to you before you leave the unit, for you to receive the results the following week.

What will these further investigation show

Depending on the results of your additional investigations you may:

- Be reassured and returned to the National Breast Screening Programme for mammograms in three years time.
- Require earlier screening, for example in one years time.
- Require excision of an abnormality for diagnostic purposes.
- Require further treatment. If this is necessary you will see a Doctor and a Breast Care Nurse who will explain the treatment and provide additional written information.

All imaging from the second stage screening is reviewed by a further doctor. Very rarely you may be recalled for third stage screening.

Please feel free to ask questions if there is anything you do not understand.

You are welcome to bring a partner, relative or friend with you to your appointment.

9 out of 10 women called back for second stage screening do not have breast cancer.

Useful contacts

Breast Screening Unit

Telephone: **01983 534560**

Breast Care Nurses are available Monday to Friday.

Telephone: **01983 534562**

Answerphones are in use on both numbers. Any messages left will be dealt with at the earliest opportunity or the next working day.

Access to Health Records

As a patient undergoing tests as part of a diagnostic procedure information about you may be accessed by other healthcare professionals. It is normal practice in these circumstances for your consent to be implied as part of your agreement to have the test or tests performed.

Accidental over exposure of radiation

Despite all safeguards, medical exposures can occur where the actual dose is greater than was intended. The regulations governing these exposures are either IR(ME)R 2000 or IRR 99.

In the event of an over exposure the incident will be reported to the Radiation Protection Advisor. It will be down to the discretion of the RPA as to whether there is a clinical requirement to inform any patient of an overexposure.

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If you have any queries or concerns about the content of this leaflet please call (01983) 524081 and ask to speak to the relevant department.

If you require this leaflet in another language, large print or another format, please contact the PALS Team, telephone **01983 534850**, who will advise you.

Valuables should not be brought into the hospital. If patients have to bring in valuable items they should ask a nurse to store them safely and request a receipt for the items. You may not be able to have the valuable items returned if the time of discharge from hospital is out of hours.

We are sorry but the Trust cannot accept responsibility for loss or damage to items not given for safe keeping.

You can get further information on all sorts of health issues online at: **www.nhs.uk**

For Health advice and out of hours GP service please call the NHS 111 service on: **111**

We Value Your Views On Our Service

If you wish to comment on the care which you, your relative or friend has received, we will be pleased to hear from you. Please speak to the person in charge of the ward, clinic or service in the first instance or ask them to contact the PALS Team. If you wish to contact them directly, telephone on **01983 534850**.

Alternatively you may prefer to write to:

Chief Executive
Isle Of Wight NHS Trust
St Mary's Hospital
Newport, Isle of Wight, PO30 5TG

You can also share any concerns you have about our services with the Care Quality Commission (CQC) on **03000 61 61 61** or at **enquiries@cqc.org.uk**

All NHS sites are no smoking areas.

If you would like help and advice to stop smoking please call: Freephone 0800 169 0 169 to talk to the NHS Smoking Helpline.