

## Can I use the travel CPAP on the plane?

As with any other CPAP device, you can use this on the plane as long as you inform the company that you are travelling with regarding this. If you have a battery operated CPAP, such as the Transcend then you will not require a power supply.

We will provide you with a letter, explaining what the machine is and its purpose and that it should travel with you as extra hand luggage. Keep this with you at all times while travelling with your CPAP.

## Picking up your travel CPAP

After contacting the department, a picking up will be agreed. At the time of picking up the equipment, you will be shown how to use the equipment and you will need to sign a consent form. This is for you to confirm and acknowledge that you are responsible for any damage or loss of the equipment.

## Returning your Travel CPAP

The CPAP needs to be returned on the day agreed between you and the department. Please bear in mind that other patients may be waiting to take the CPAP as well and might depend on your promptness in returning the equipment.

The equipment will be checked and you will be signed off your responsibility.

**This equipment has been purchased with the funds raised by the Sleepwell Group, a charitable group that provides support to the patients with Sleep Apnoea in the Isle of Wight.**

**Enjoy your holidays!**

**If you have any queries or concerns about the content of this leaflet please call (01983) 524081 and ask to speak to the relevant department.**

Valuables should not be brought into the hospital. If patients have to bring in valuable items they should ask a nurse to store them safely and request a receipt for the items. You may not be able to have the valuable items returned if the time of discharge from hospital is out of hours.

We are sorry but the Trust cannot accept responsibility for loss or damage to items not given for safe keeping.

You can get further information on all sorts of health issues online at: [www.nhs.uk](http://www.nhs.uk)

For Health advice and out of hours GP service please call the NHS 111 service on: **111**

## We Value Your Views On Our Service

If you wish to comment on the care which you, your relative or friend has received, we will be pleased to hear from you. Please speak to the person in charge of the ward, clinic or service in the first instance or ask them to contact the PALS Team. If you wish to contact them directly, telephone on **01983 534850**.

Alternatively you may prefer to write to:

Chief Executive  
Isle Of Wight NHS Trust  
St Mary's Hospital  
Newport  
Isle of Wight  
PO30 5TG

You can also share any concerns you have about our services with the Care Quality Commission (CQC) on **03000 61 61 61** or at [enquiries@cqc.org.uk](mailto:enquiries@cqc.org.uk)

All NHS sites are no smoking areas.

If you would like help and advice to stop smoking please call: Freephone 0800 169 0 169 to talk to the NHS Smoking Helpline.

## Patient Information Leaflet

# Travel CPAP



**Produced by:**  
Pulmonary Function/Sleep Laboratory

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**Review due:** November 2019



If you are unable to read this leaflet because English is not your first language, please ask someone who speaks English to telephone PALS on 01983 534850 for further information and help.

#### Polish:

Jeśli nie jesteś w stanie przeczytać tej ulotki bo angielski nie jest pierwszym językiem, poproś kogoś, kto mówi po angielsku, o kontakt telefoniczny z (PALS 01983 534850) aby uzyskać więcej informacji i pomoc

#### Russian:

Если вы не можете прочитать этот буклет на английском языке потому что не является первым языком, пожалуйста, попросите кого-нибудь, кто говорит на английском языке для телефонного (PALS 01983 534850) для получения дополнительной информации и помощи

#### Turkish:

Eğer İngilizce ana diliniz değilse, çünkü bu broşürü okumak için yapamıyorsanız, daha fazla bilgi için 01983 534850 üzerinde PALS telefon İngilizce bilen birine sormak ve yardım lütfen

#### Bulgarian:

Ако не сте в състояние да прочетете тази листовка, тъй като английският не е първи език, попитайте някой, който говори английски, за да телефонирам (PALS на 01983 534850) за повече информация и помощ

#### Czech:

Pokud nejste schopni přečíst tuto příbalovou informaci, protože angličtina není vaším rodným jazykem, zeptejte se někoho, kdo mluví anglicky na telefonní PALS na 01983 534850 pro další informace a pomoc

#### Bengali:

আপনি ইংরেজি আপনার প্রথম ভাষা না থাকার কারণে এই লফিলটে পড়তে অক্ষম হন, তাহলে আরও তথ্যের জন্য 01983 534850 নভেগেশন PALS টেলিফোনে ইংরেজি কথা কড়ে জিজ্ঞাসা করুন এবং সাহায্য করুন

## Advantages of travelling with the Transcend device

This is a portable device, much smaller than the normal CPAP and can operate on a battery, which allows you to use your CPAP when there is no power supply.

### How to book your travel CPAP?

All you will need to do is contact the Respiratory and Sleep Laboratory on:

**01983 552114** or e-mail one of the members of the team:

tracy.jones2@iow.nhs.uk

vania.pedro@iow.nhs.uk

elaine.bignell@iow.nhs.uk

You will need to provide the dates for picking up the equipment and dropping it back to us.

The service will operate on a first come first serve basis, so if the dates you requested the equipment for have already been taken, then unfortunately we won't be able to lend you the Transcend CPAP.

### What can I actually book out?



The portable Transcend, which can be fitted on the airplane, using straps.



The docking station.



Batteries to operate when there is no power supply.

### Will I need to arrange insurance?

You can check with your home insurance if you are covered for lent/rented items. The total value of the cover depends of what you will need to borrow. The CPAP costs £399.00, the battery costs £199.00 and the docking station costs £49.99.

If your home insurance does not cover for this, then you will need to add the cost to cover for any lost or damage to your travel insurance. Alternatively, you can choose to support the costs of any damage of loss yourself.

### Setting up the CPAP

The Transcend unit will be set up for the pressures that you usually use on your normal CPAP machine, which is why you should give us some notice when picking up the equipment.

### Will I feel a difference?

You will feel a slight difference regarding noise, which is normal when changing machines; however, the pressures set will be the same that you are used to.

### What if I use a humidifier?

Unfortunately the Transcend portable device does not come with a humidifier. If you think that you will not be able to use a CPAP without the water tank, then we would recommend you to take your normal CPAP machine.