

Patient Information Leaflet

After care following your Intravenous Urography

Produced By: Diagnostic Imaging

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Review due: December 2016**



You have had your Intravenous Urography (IVU) examination, and you should not experience any side effects from your contrast media injection. It is beneficial that you drink plenty of fluids following your IVU, to avoid dehydration.

If you are diabetic and take Metformin you need to restart this medication 48 hours after your Intravenous Urography examination and if you need further advice, please contact your diabetic nurse. Very rarely, it is possible to experience a delayed reaction, up to 48 hours post contrast media injection and if any of the symptoms listed below occur, it is essential that you attend the Accident and Emergency department immediately.

The very rare possible delayed side effects of radiographic contrast media are as follows:

1. Swelling of the tongue or the lips or both.
2. A rash on the face, trunk or limbs.
3. Difficulty in breathing.
4. Any other unexplained physiological effect, not normal for you.

Please attend Accident and Emergency immediately.

In the unlikely event of a delayed reaction to the contrast media, which necessitates a visit to Accident Emergency please inform Diagnostic Imaging on extension 4666 / 5798 and ask to speak to a senior Radiographer.

Finally

If you have any questions or concerns that you would like answered, please contact;

(01983) 534666 Monday to Friday
09:00-12:30 and 13:30-16:30

Ask to speak to a Senior Radiographer in Diagnostic Imaging

Access to Health Records by Diagnostic Staff

As a patient undergoing tests as part of a diagnostic procedure information about you may be accessed by other healthcare professionals. It is normal practice in these circumstances for your consent to be implied as part of your agreement to have the test or tests performed.

Accidental over exposure of radiation

Despite all safeguards, medical exposures can occur where the actual dose is greater than was intended. The regulations governing these exposures are either IR(ME)R 2000 or IRR 99. In the event of an over exposure the incident will be reported to the Radiation Protection Advisor. It will be down to the discretion of the RPA as to whether there is a clinical requirement to inform any patient of an overexposure.

If you require this leaflet in another language, large print or another format, please contact the Quality Team, telephone 01983 534850, who will advise you.

Valuables should not be brought into the hospital. If patients have to bring in valuable items they should ask a nurse to store them safely and request a receipt for the items. You may not be able to have the valuable items returned if the time of discharge from hospital is out of hours.

We are sorry but the Trust cannot accept responsibility for loss or damage to items not given for safe keeping.

You can get further information on all sorts of health issues through NHS interactive available through Sky TV or online at: <http://www.nhsdirect.nhs.uk/>

For Health advice and out of hours GP service please call the NHS 111 service on: 111

We Value Your Views On Our Service

If you wish to comment on the care which you, your relative or friend has received, we will be pleased to hear from you. Please speak to the person in charge of the ward, clinic or service in the first instance or ask them to contact the Quality Team. If you wish to contact them directly, telephone on 534850.

Alternatively you may prefer to write to:

Chief Executive
Isle Of Wight NHS Trust
St Mary's Hospital
Newport
Isle of Wight
PO30 5TG

All NHS sites are no smoking areas.

If you would like help and advice to stop smoking please call: Freephone 0800 169 0 169 to talk to the NHS Smoking Helpline.

Ref: **DI/IVUAC/1**