



Endoscopy Unit Aftercare Advice Sheet

Gastroscopy

Patient's name

If you have had sedation:

- You may feel quite sleepy after the procedure. This is a normal effect of the sedation.
- The sedation you have received may also cause you to be forgetful for a short while, so you may not remember all that is told to you by the staff attending you.
- **You should NOT drink alcohol, drive a car, operate machinery or sign any legal documents for the next 24 hours. It is illegal to drive under the influence of drugs.**
- You may eat and drink.

If you have not had sedation:

- The above restrictions will not apply.
- You may eat and drink.
- Any after-effects of the procedure, such as nausea, sore throat or bloated feeling in your abdomen, will wear off gradually throughout the next **24** hours.
- The person that arranged your procedure was:

.....
They will follow-up your results. If you have not heard anything after four weeks, please contact the named person above. **The Endoscopy Unit is unable to give any biopsy results.**

- If you have any unusual pain or further worries regarding your examination please contact your GP or the Endoscopy Unit on **01983 534269** immediately.
- **Out of hours please call your GP or NHS 111.**

E/AGAS/6

Date: August 2017
Review date: August 2020

Endoscopy Department

Endoscopy Department

Link Corridor Entrance

Main Hospital

Emergency Department

Endoscopy Department

Pond

Main Entrance & Emergency Department

Main Car Park

Car Parking Office

Bus Stop

Site Entrance

Bus Stop

Directions

The Endoscopy Department is situated on Level B of the main hospital.

From the main entrance, take either the stairs or lifts to Level B.