

Where does the Physiotherapist work?

You can see a Physiotherapist

At your day centre

At your home /
community



Arthur Webster Clinic

Gym / Swimming pool



How can you see us?

You, your carer or your
G.P. can phone us to
make an appointment on:
01983 866179



Or write to us at:
Specialist Healthcare and
Support Services for People
with a Learning Disability
Arthur Webster Clinic
35 Landguard Manor Road
Shanklin
Isle of Wight
PO37 7HZ

We Value Your Views On Our Service

If you wish to comment on the care
which you, your relative or friend has
received, we will be pleased to hear
from you. Please speak to the
person in charge of the ward, clinic
or service in the first instance or ask
them to contact the Quality Team. If
you wish to contact them directly,
telephone on 534850.

Alternatively you may prefer to write
to:

Chief Executive
Isle of Wight NHS Trust
St Mary's Hospital
Newport
Isle of Wight
PO30 5TG

Patient Information Leaflet

Adult Learning Disability Physiotherapy Service

Produced by:
The Learning
Disabilities Team

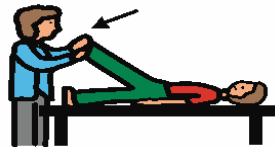
Date: March 2014
Review due: March 2017



What is Physiotherapy?

A Physiotherapist can help with

- Assessment and advice regarding specific exercises to help improve balance, mobility and strength.



- Help and advice for Carers supporting a physical activity programme with their client

Who does a Learning Disability Physiotherapist help?

- Adults with a learning disability who are 18 years or over
- Who have a health need that may affect mobility

By helping other people to support you better



How does a Physiotherapist work?

Assessment completed by:

- Qualified Physiotherapist
- Treatment agreed with you
- Future appointments agreed with Physiotherapist or Physiotherapy assistant.

We might see you:

On your own



With your carers



With your family

