

Patient Information Leaflet

Preparing for Discharge from Luccombe Ward

Produced By: Luccombe Ward

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Review due: October 2016**



If you require this leaflet in another language, large print or another format, please contact the Quality Team, telephone 01983 534850, who will advise you.

This leaflet contains important information for patients and carers, which may be helpful when you leave hospital

This leaflet provides information about the plans that will need to be made prior to leaving hospital. After reading if there is anything you or your relative are unsure about please ask a member of staff to explain it.

Proposed Discharge Date

Our aim is to discharge you on the day or 1-6 days post surgery depending on what type of operation you have had and how your recovery has progressed.

The plans that are made for you to leave hospital are an important part of your admission process. On admission the staff member who admits you to the ward will inform you of your Proposed Discharge Date. Staff will also discuss your needs for discharge at this time to ensure equipment, services or special help that you may require can be arranged.

Research tells us that if patients stay in hospital too long after medical care has been completed their health may get worse. This is the reason you leave hospital as soon as you have achieved pre-defined goals.

Having your co-operation with making plans for discharge helps us to serve the people of the Isle of Wight as effectively as possible.

Your date of discharge

Once you have achieved your pre-defined goals and everything is in place you will be discharged by a nurse.

If you are unable to contact your relatives to arrange collection from hospital staff will assist you.

If you are to be discharged by ambulance due to the nature of your surgery, please note you will only be allowed to take **one bag** in the ambulance. This is a Health and Safety requirement. If you have additional items prior to your proposed discharge date it is advisable that you make arrangements for these to be taken to your discharge destination.

If you do use hospital transport, please ensure you have your house keys with you and that you have arranged for someone to meet you at your home.

What Time Will I Be Discharged?

Our aim is to discharge you from the ward to the Discharge Lounge by 10am.

Where Will I Be Collected From?

You will be collected from the Discharge Lounge. On the day of discharge a nurse will collect you from the ward, with your belongings and take you to the Discharge Lounge. Please ensure you are dressed as the Discharge Lounge is a mixed sex area. Patients requiring transport by stretcher may be collected from the ward.

Your Medicines

You will be given 2 weeks supply of medication distributed from the pharmacy in a green bag. If any of your medication has been changed during your admission, your old drugs will be returned to you and it will be your responsibility to return these back to your own pharmacist.

If you have any questions regarding your drugs the ward pharmacist, doctor or nurse will be able to help you. The ward doctor will provide information of your drugs and episode of care to your GP; a copy of this summary will be given to you on discharge.

Your Follow Up Care

If your consultant requires a follow up an appointment this will either be given to you prior to discharge or will be sent to your home address. If after 10 days you have not received your follow up appointment in the post please contact Luccombe ward (01983 534717).

If you require a District Nurse or a Practise Nurse, a form will be given to you in an envelope prior to discharge for you to give them. You will be advised by the ward of the date this has been arranged for. If required the ward will provide you with 3 days worth of dressings.

Special Instructions

Please ensure you have all your valuables returned from safekeeping and you have your house keys to gain access to your home.

Valuables should not be brought into the hospital. If patients have to bring in valuable items they should ask a nurse to store them safely and request a receipt for the items. You may not be able to have the valuable items returned if the time of discharge from hospital is out of hours.

We are sorry but the Trust cannot accept responsibility for loss or damage to items not given for safe keeping.

You can get further information on all sorts of health issues through NHS interactive available through Sky TV or online at: <http://www.nhsdirect.nhs.uk/>

For Health advice and out of hours GP service please call the NHS 111 service on: 111

We Value Your Views On Our Service

If you wish to comment on the care which you, your relative or friend has received, we will be pleased to hear from you. Please speak to the person in charge of the ward, clinic or service in the first instance or ask them to contact the Quality Team. If you wish to contact them directly, telephone on 534850.

Alternatively you may prefer to write to:

Chief Executive
Isle Of Wight NHS Trust
St Mary's Hospital
Newport
Isle of Wight
PO30 5TG

All NHS sites are no smoking areas.

If you would like help and advice to stop smoking please call: Freephone 0800 169 0 169 to talk to the NHS Smoking Helpline.

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