

Patient Information Leaflet

Welcome to Luccombe Ward

Produced By: Luccombe Ward

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If you require this leaflet in another language, large print or another format, please contact the Quality Team, telephone 01983 534850, who will advise you.

This leaflet contains important information for patients and carers, which will be helpful on being admitted to the ward.

Ward Sister – Heidi Meekins

Modern Matron for Orthopaedics: Sue Bradshaw

The staff on Luccombe ward welcome you to St Mary's hospital and hope this leaflet provides you with information regarding the day to day running of the ward. If you are unsure about anything please ask a member of staff to explain it. Our aim is to ensure your stay with us results in a positive experience.

Admission

The name of the Consultant in charge of your care will be displayed behind your bed. You will be asked for your consent prior to your name being placed on this board.

Your nursing care plans will be in a folder at the end of your bed. The nursing care plans will contain details about your daily management of care and you should be involved in setting aims and goals each day following surgery. Please note these are confidential to you and should not be read by visitors entering the ward without your permission.

Privacy and Dignity

Staff make every effort to promote a culture where patients are treated with professionalism, dignity and respect. It is expected that when you are spoken to it will be in a respectful manner and any conversations with you about your health are not overheard. Your bed curtains will be completely drawn round when being attended to.

Luccombe ward does not advocate mixed sex bays. Toilet facilities will not be shared by same sex gender.

Clothing

Located at the back of your bed space there is a cupboard where coats and clothing can be stored.

Following surgery staff will invite you to change into your own night attire.

You will be encouraged to wear day clothes the day following surgery. Wearing suitable footwear is advised to avoid trips and falls.

Physiotherapy

Prior to and following surgery you will be seen by the physiotherapy team who will provide information of exercises to be undertaken. You will be assisted out of bed on the day or the following day after surgery.

Visiting

The hours of visiting are from **2pm to 3pm and 7pm to 8pm**. There may be circumstances when relatives/friends cannot visit during these hours, please do not worry, discuss with the nurse in charge.

We do ask you to keep visitors to a minimum as you are recovering from an operation and do require rest. We respectfully ask that your visitors do not sit on your bed or chair and if your relatives/friends are seen doing this please do not be offended when staff approach them.

Meals and Beverages

Meals and beverages are at set times but if you are thirsty or hungry please do not hesitate to ask staff for light snacks and hot drinks at any time.

06:30-07:00	Hot beverage
07:00-07:30	Breakfast
10:00-10:30	Hot beverage and biscuits
12:00-12:30	Lunch
12:30-13:00	Hot beverage
15:00-15:30	Hot beverage and biscuits
17:30-18:00	Supper
18:00-18:30	Hot beverage
20:00-20:30	Hot beverage

Nurse Led Discharge

Our aim is to discharge you on the day or 1-6 days post surgery depending on how your recovery has progressed.

If required, prior to discharge you will be visited by members of the Occupational Therapy team and if necessary members of the Help and Care team. In some circumstances you may be visited by the Independent Living Resource team.

Valuables should not be brought into the hospital. If patients have to bring in valuable items they should ask a nurse to store them safely and request a receipt for the items. You may not be able to have the valuable items returned if the time of discharge from hospital is out of hours.

We are sorry but the Trust cannot accept responsibility for loss or damage to items not given for safe keeping.

You can get further information on all sorts of health issues through NHS interactive available through Sky TV or online at: <http://www.nhsdirect.nhs.uk/>

For Health advice and out of hours GP service please call the NHS 111 service on: 111

We Value Your Views On Our Service

If you wish to comment on the care which you, your relative or friend has received, we will be pleased to hear from you. Please speak to the person in charge of the ward, clinic or service in the first instance or ask them to contact the Quality Team. If you wish to contact them directly, telephone on 534850.

Alternatively you may prefer to write to:

Chief Executive
Isle Of Wight NHS Trust
St Mary's Hospital
Newport
Isle of Wight
PO30 5TG

All NHS sites are no smoking areas.

If you would like help and advice to stop smoking please call: Freephone 0800 169 0 169 to talk to the NHS Smoking Helpline.

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