



Patient Information Leaflet

OHPiT

Out-Patient and Home Parenteral Infusion Therapy

Produced by:
Lead Nurse for OHPiT

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If you are unable to read this leaflet because English is not your first language, please ask someone who speaks English to telephone PALS on 01983 534850 for further information and help.

Polish:

Jeśli nie jesteś w stanie przeczytać tej ulotki bo angielski nie jest pierwszym językiem, poproś kogoś, kto mówi po angielsku, o kontakt telefoniczny z (PALS 01983 534850) aby uzyskać więcej informacji i pomoc

Russian:

Если вы не можете прочитать этот буклет на английском языке потому что не является первым языке, пожалуйста, попросите кого-нибудь, кто говорит на английском языке для телефонного (PALS 01983 534850) для получения дополнительной информации и помощи

Turkish:

Eğer İngilizce ana diliniz değilse, çünkü bu broşürü okumak için yapamıyorsanız, daha fazla bilgi için 01983 534850 üzerinde PALS telefon İngilizce bilen birine sormak ve yardım lütfen

Bulgarian:

Ако не сте в състояние да прочетете тази листовка, тъй като английският не е първи език, попитайте някой, който говори английски, за да телефонирам (PALS на 01983 534850) за повече информация и помощ

Czech:

Pokud nejste schopni přečíst tuto příbalovou informaci, protože angličtina není vaším rodným jazykem, zeptejte se někoho, kdo mluví anglicky na telefonní PALS na 01983 534850 pro další informace a pomoc

Bengali:

আপনি ইংরেজি আপনার প্রথম ভাষা না থাকার কারণে এই লফিলটে পড়তে অক্ষম হন, তাহলে আরও তথ্যের জন্য 01983 534850 নভেগিশেন PALS টেলিফোনে ইংরেজি কথা কতে জিজ্ঞাসা করুন এবং সাহায্য করুন

What is OHPiT?

OHPiT (Out-Patient and Home Parenteral Infusion Therapy) is a service that provides intravenous therapy (IV) for patients referred from either the hospital or from a General Practitioner (GP) in the community. Intravenous therapy refers to medication that is given directly into the vein, and this type of treatment is generally given to patients in hospital but can also be given safely in an out-patient clinic or at home.

If you are going to receive OHPiT, then you will attend the OHPiT infusion Clinic for a Nurse to give you your medication.

In special circumstances we can facilitate home visits where a Nurse will give you your medication in your own home.

For some conditions you (or a family member/friend) will be taught how to administer the medication. If you are taught to administer the medication, you will visit the OHPiT Clinic regularly to ensure everything is going as planned.

How is the medication given?

As already mentioned, the treatment is given directly into your vein. This is through a small tube called a catheter which will be inserted by one of the OHPiT Nurses into your arm.

There are different types of catheters available, and one that suits your treatment plan will be chosen for you. You will also be given further information on the type of catheter selected and how to look after it by the OHPiT Nurse.

How do I access the OHPiT service?

Patients who could benefit from OHPiT are referred to the service by either a hospital Consultant or a GP. If it is the hospital Consultant making the referral, it means that you are possibly ready to go home but still need further IV treatment. If it is a GP that is making the referral, then it means that you possibly require IV treatment but do not need admitting into hospital. On both occasions an OHPiT Nurse will meet with you to assess you and see whether you are eligible for this service. The assessment is to ensure that the OHPiT service is a safe option for you. The OHPiT process will be fully explained to you and you can decide whether it is something you would like to consider.

Do I have to go onto the OHPiT service?

If after discussions about the OHPiT service you decide that you do not want to be considered, then alternative options for your treatment plan will be discussed with you. This service is an option that is available to you, and if assessed and offered, it is then up to you to decide if you would like to be treated this way.

What are the benefits of the OHPiT service?

You will be in the comfort of your own home rather than having to stay in hospital. It can allow you to maintain your independence, be back with your family and friends and sometimes even return to work.

What are the risks involved?

If it is an antibiotic that you are prescribed to take, then you will receive your first two doses in hospital or the OHPiT infusion clinic to ensure that if you have a reaction to the medication you are in a clinical area that is equipped to manage such events. Allergic reactions can occur with any medication, and therefore you should always seek immediate medical attention if you develop any symptoms whilst at home, such as a rash, facial swelling or difficulty breathing. Occasionally there may be problems with your IV line, such as a blockage or an infection can occur around the site. If there are any problems, then contact the OHPiT team and you will be assessed promptly.

Who will give me my IV medication?

Each OHPiT patient receives a service that best suits their needs. Most patients attend the OHPiT infusion clinic on a daily basis, but in special circumstances patients can be visited in their own home by a Nurse, this may be an OHPiT Nurse or a District Nurse.

For certain conditions there may be the option for you or a family member/friend to be taught how to administer the medication yourself. If this option is decided upon, then the teaching and assessment will take place either in the hospital ward that you are on or in the OHPiT infusion clinic. For all patients that take this option, they still visit the OHPiT Clinic regularly to ensure any problems that may occur are managed appropriately.

These options will be discussed with you and you will decide which treatment plan best suits your needs. Times to attend the OHPiT Clinic will be given to you by the OHPiT Team.

If the option is to receive the treatment in your own home, all medication and supplies will be delivered to your house by an OHPiT Nurse. The OHPiT Nurses re-stock and assess patients weekly.

What do I need to bring to my OHPiT clinic appointment?

Please bring your OHPiT paperwork. You will be advised of a time to attend in advance by one of the OHPiT Nurses. If you are attending for the first two doses of your medication it will be a longer appointment as we will keep you for 2 hours after your dose to monitor you for adverse reactions. We advise you to bring something to keep you occupied.

From dose three onwards we will no longer need to keep you for two hours after your infusion.

What happens if I feel unwell or I have a concern or problem?

The contact numbers for the OHPiT team are below, and will also be given to you on a separate card.

Contact us

If you have any questions or concerns regarding OHPiT, please contact the OHPiT Nurse on duty.

Monday 8am to 5.30pm on **07717652513**

Tuesday 8am to 6pm on **07717652513**

Wednesday 8am to 6pm on **07717652513**

Thursday 8am to 4pm on **07717652513**

Friday 8am to 6pm on **07717652513**

Weekends 8am to 4pm on **07717652513**

For **non-emergency** queries out of hours please contact

111

OR

The OHPiT Clinic on **01983 552537**. There is an answerphone and we aim to get back to you within 1 working day.

Some common things to look out for include the following:

- Rash
- Diarrhoea
- Fever, feeling hot/cold, high temperature
- Pain, redness and swelling around the IV line
- Blocked IV line

If you are feeling unwell whilst at home with any of the above symptoms please contact us on the numbers above. In the event of an emergency please call **999**.

If you have any queries or concerns about the content of this leaflet please call (01983) 524081 and ask to speak to the relevant department.

If you require this leaflet in another language, large print or another format, please contact the PALS Team, telephone **01983 534850**, who will advise you.

Valuables should not be brought into the hospital. If patients have to bring in valuable items they should ask a nurse to store them safely and request a receipt for the items. You may not be able to have the valuable items returned if the time of discharge from hospital is out of hours.

We are sorry but the Trust cannot accept responsibility for loss or damage to items not given for safe keeping.

You can get further information on all sorts of health issues online at: **www.nhs.uk**

For Health advice and out of hours GP service please call the NHS 111 service on: **111**

We Value Your Views On Our Service

If you wish to comment on the care which you, your relative or friend has received, we will be pleased to hear from you. Please speak to the person in charge of the ward, clinic or service in the first instance or ask them to contact the PALS Team. If you wish to contact them directly, telephone on **01983 534850**.

Alternatively you may prefer to write to:

Chief Executive
Isle Of Wight NHS Trust
St Mary's Hospital
Newport, Isle of Wight, PO30 5TG

You can also share any concerns you have about our services with the Care Quality Commission (CQC) on **03000 61 61 61** or at **enquiries@cqc.org.uk**

All NHS sites are no smoking areas.

If you would like help and advice to stop smoking please call: Freephone 0800 169 0 169 to talk to the NHS Smoking Helpline.