

Patient Information Leaflet

**Parkinson's Disease Nurse Specialist
Service**
Isle of Wight

Produced By:

Parkinson's Disease Co-ordinator

**Date: March 2014
Review due: March 2017**



Who is the service for?

For individuals of all ages with a diagnosis of Parkinson's Disease (PD), Multiple System Atrophy (MSA) or Progressive Supra-nuclear Palsy (PSP) who are registered with a General Practitioner (GP) on the Isle of Wight.

What will the Parkinson's Nurse Specialist provide?

Information, advice and support for the person with Parkinson's Disease living in the community including carers, families and healthcare professionals involved in their care.

How can a person with Parkinson's Disease access the service?

By asking their Consultant, GP or any multidisciplinary healthcare professional involved in their care to refer them to the service following diagnosis.

How can these professionals refer to the service?

By completing the Parkinson's Disease Co-ordinator referral form available on the IOW NHS Trust Intranet or by sending/e-mailing a GP/Consultant referral letter to:
louise.long@iow.nhs.uk.

Parkinson's Disease Co-ordinator

**C/O Laidlaw
St Mary's Hospital
Newport
Isle of Wight
PO30 5TG
Tel: 01983 552133 (messages only)
Fax: 01983 529843
Email: louise.long@iow.nhs.uk**

Current services offered

- Provision of Specialist Nurse Clinics in the community for patients diagnosed with Parkinson's disease.
- Telephone and e-mail access to the Specialist Nurse for those people diagnosed with Parkinson's disease.
- Specialist Nurse Assessment to look at the needs of each person with Parkinson's disease, their family and carers.
- Support to monitor and review the effectiveness of Parkinson's medication.

- Partnership working with other people involved in caring for a person with Parkinson's disease.
- Education to individuals, groups and multidisciplinary Health and Social Care professionals to promote a greater understanding and awareness of Parkinson's disease.
- The service currently runs from Mon-Friday 9am-5pm and is not operational over the Bank Holiday period

What is Parkinson's UK?

They are the Parkinson's support and research charity.

How can Parkinson's UK help?

- They can offer information & advice. Some examples below;
- Helpline is free and confidential;
- Answers and information that you need after diagnosis.
- Information and support for families, carers & friends.
- What you can claim and where to find financial support.
- Support & resources for people of working age.
- Information on driving, diet, exercise, employment, mobility.
- Real life stories, people with Parkinson's share their experiences.
- Publications about Parkinson's available to download or order free of charge.

Useful Contact Numbers

Parkinson's UK Helpline: Tel: 0808 800 0303

Website: www.parkinson's.org.uk

Parkinson's UK Isle of Wight Branch Tel: 0844 225 3694

Day Fourth Thursday of the month

Meeting venue Various venues on the Isle of Wight

Time 12noon

Local region South of England

Contact Branch Chair 01983 884913

Branch and Volunteer Support Officer

0844 225 3674

bvso.south@parkinsons.org.uk

If you require this leaflet in another language, large print or another format, please contact the Quality Team, telephone 01983 534850, who will advise you.

Valuables should not be brought into the hospital. If patients have to bring in valuable items they should ask a nurse to store them safely and request a receipt for the items. You may not be able to have the valuable items returned if the time of discharge from hospital is out of hours.

We are sorry but the Trust cannot accept responsibility for loss or damage to items not given for safe keeping.

You can get further information on all sorts of health issues through NHS interactive available through Sky TV or online at: <http://www.nhsdirect.nhs.uk/>

For Health advice and out of hours GP service please call the NHS 111 service on: 111

We Value Your Views On Our Service

If you wish to comment on the care which you, your relative or friend has received, we will be pleased to hear from you. Please speak to the person in charge of the ward, clinic or service in the first instance or ask them to contact the Quality Team. If you wish to contact them directly, telephone on 534850.

Alternatively you may prefer to write to:

Chief Executive
Isle Of Wight NHS Trust
St Mary's Hospital
Newport
Isle of Wight
PO30 5TG

You can also share any concerns you have about our services with the Care Quality Commission (CQC) on 03000 61 61 61 or at enquires@cqc.org.uk

All NHS sites are no smoking areas.

If you would like help and advice to stop smoking please call: Freephone 0800 169 0 169 to talk to the NHS Smoking Helpline.

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