



Patient Information Leaflet

# Follow-up mammography following surgery

**Produced by:**  
Breast Screening Unit

**Date:** August 2018  
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If you require this leaflet in another language, large print or another format, please contact the PALS Team, telephone **01983 534850**, who will advise you.

**If you are unable to read this leaflet because English is not your first language, please ask someone who speaks English to telephone PALS on 01983 534850 for further information and help.**

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**Polish:**

Jeśli nie jesteś w stanie przeczytać tej ulotki bo angielski nie jest pierwszym językiem, poproś kogoś, kto mówi po angielsku, o kontakt telefoniczny z (PALS 01983 534850) aby uzyskać więcej informacji i pomoc

**Russian:**

Если вы не можете прочитать этот буклет на английском языке потому что не является первым языке, пожалуйста, попросите кого-нибудь, кто говорит на английском языке для телефонного (PALS 01983 534850) для получения дополнительной информации и помощи

**Turkish:**

Eğer İngilizce ana diliniz değilse, çünkü bu broşürü okumak için yapamıyorsanız, daha fazla bilgi için 01983 534850 üzerinde PALS telefon İngilizce bilen birine sormak ve yardım lütfen

**Bulgarian:**

Ако не сте в състояние да прочетете тази листовка, тъй като английският не е първи език, опитайте някой, който говори английски, за да телефонирам (PALS на 01983 534850) за повече информация и помощ

**Czech:**

Pokud nejste schopni přečíst tuto příbalovou informaci, protože angličtina není vaším rodným jazykem, zeptejte se někoho, kdo mluví anglicky na telefonní PALS na 01983 534850 pro další informace a pomoc

**Bengali:**

আপনি ইংরেজি আপনার প্রথম ভাষা না থাকার কারণে এই লফিলটে পড়তে অক্ষম হন, তাহলে আরও তথ্যের জন্য 01983 534850 নভেগেশন PALS টেলিফিে ন ইংরেজি কথা কটে জিজ্ঞাসা করুন এবং সাহায্য করুন

If you have been treated for breast cancer, routine follow-up mammograms will be offered to you at the Isle of Wight Breast Screening Unit. Following a lumpectomy (wide local excision) or mastectomy you will be invited for a mammogram every year for 5 years.

These appointments are arranged a year from the date of your surgery and then every year from the date of your last mammogram.

Some other conditions may require follow up and this will be arranged on an individual basis. Some patients will also be offered ultrasound/MRI as part of their follow-up. This is at the discretion of the Radiologist.

Following bilateral mastectomy or conservative treatment routine follow-up imaging is not required.

The results of these mammograms will be sent to you, your GP and specialist within 3 weeks.

The follow-up schedule is that currently recommended by the National Institute of Health and Care Excellence.

## **Once the above scheduled mammograms have been completed...**

### **If you are under 50**

If you are still under 50 after your 5 year follow up you will continue to be invited to have mammograms every year until you are included into the National Breast Screening Programme.

### **If you are over 50 & under 70**

You can continue to have routine breast screening (every 3 years) by taking up the invite you are sent when your GP practice is invited on the National Breast Screening Programme.

### **If you are over 70**

You can refer yourself for routine screening (3 yearly) at the same time as other women in your GP practice are routinely invited for screening, by phoning: **(01983) 534560**

For more information about breast screening & when your GP practice is due to be invited on the National Breast Screening Programme, please phone the Breast Screening Unit: **(01983) 534560**

## **Useful contacts**

Breast Screening Unit, telephone: **(01983) 534560**

Breast Care Nurses are available Monday to Friday, 8.30am to 4.00pm, telephone: **(01983) 534562**

## **Access to Health Records**

As a patient undergoing tests as part of a diagnostic procedure information about you may be accessed by healthcare professionals. It is normal practice in these circumstances for your consent to be implied as part of your agreement to have the test or tests performed.

## **Accidental Over Exposure of Radiation**

Despite all safeguards, medical exposures can occur where the actual dose is greater than was intended. The regulations governing these exposures are either IR(ME)R 2000 or IRR 99.

In the event of an over exposure the incident will be reported to the Radiation Protection Advisor. It will be down to the discretion of the RPA as to whether there is a clinical requirement to inform any patient of an overexposure.

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**If you have any queries or concerns about the content of this leaflet please call (01983) 822099 and ask to speak to the relevant department.**

Valuables should not be brought into the hospital. If patients have to bring in valuable items they should ask a nurse to store them safely and request a receipt for the items. You may not be able to have the valuable items returned if the time of discharge from hospital is out of hours.

We are sorry but the Trust cannot accept responsibility for loss or damage to items not given for safe keeping.

You can get further information on all sorts of health issues online at: **www.nhs.uk**

For Health advice and out of hours GP service please call the NHS 111 service on: **111**

### **We Value Your Views On Our Service**

If you wish to comment on the care which you, your relative or friend has received, we will be pleased to hear from you. Please speak to the person in charge of the ward, clinic or service in the first instance or ask them to contact the PALS Team. If you wish to contact them directly, telephone on **01983 534850**.

Alternatively you may prefer to write to:

Chief Executive  
Isle Of Wight NHS Trust  
St Mary's Hospital  
Newport, Isle of Wight, PO30 5TG

You can also share any concerns you have about our services with the Care Quality Commission (CQC) on **03000 61 61 61** or at **enquiries@cqc.org.uk**

All NHS sites are no smoking areas.

If you would like help and advice to stop smoking please call: Freephone 0800 169 0 169 to talk to the NHS Smoking Helpline.