

## What should I do if I cannot attend the appointment?

You should inform the department as soon as possible, which will allow us to make you a new appointment and to reallocate your appointment to someone else.

If you do not attend your appointment, another will be sent out to you. If you fail to attend for the second appointment, then you will be discharged.

To cancel or change your appointment, please contact us on the telephone number below. This is a direct line to the Pulmonary Function Sleep Laboratory. You can also use this number if you have any questions about this leaflet. Telephone number: **01983 552114**

## Where to find us

The Pulmonary Function/Sleep Laboratory, Respiratory Department is located in the North End of St Mary's Hospital. Park in the North Car Park and turn right into the main corridor of the hospital. Follow this corridor until you reach the Eye Clinic on your left. Opposite the Eye Clinic is a corridor, here it is signposted to the Respiratory department. We suggest that you arrive at least ten minutes before your appointment time to allow for parking. There are charges in place on site.

**If you have any queries or concerns about the content of this leaflet please call (01983) 822099 and ask to speak to the relevant department.**

Valuables should not be brought into the hospital. If patients have to bring in valuable items they should ask a nurse to store them safely and request a receipt for the items. You may not be able to have the valuable items returned if the time of discharge from hospital is out of hours.

We are sorry but the Trust cannot accept responsibility for loss or damage to items not given for safe keeping.

You can get further information on all sorts of health issues online at: **www.nhs.uk**

For Health advice and out of hours GP service please call the NHS 111 service on: **111**

## We Value Your Views On Our Service

If you wish to comment on the care which you, your relative or friend has received, we will be pleased to hear from you. Please speak to the person in charge of the ward, clinic or service in the first instance or ask them to contact the PALS Team. If you wish to contact them directly, telephone on **01983 534850**.

Alternatively you may prefer to write to:

Chief Executive  
Isle Of Wight NHS Trust  
St Mary's Hospital  
Newport, Isle of Wight, PO30 5TG

You can also share any concerns you have about our services with the Care Quality Commission (CQC) on **03000 61 61 61** or at **enquiries@cqc.org.uk**

All NHS sites are no smoking areas.

If you would like help and advice to stop smoking please call: Freephone 0800 169 0 169 to talk to the NHS Smoking Helpline.



## Patient Information Leaflet

### Pulmonary Function / Sleep Laboratory

# NIV Trial

**Produced by:**  
Senior Respiratory/Sleep Physiologist

**Date:** May 2020  
**Review due:** May 2023

If you are unable to read this leaflet because English is not your first language, please ask someone who speaks English to telephone PALS on 01983 534850 for further information and help.

**Polish:**

Jeśli nie jesteś w stanie przeczytać tej ulotki bo angielski nie jest pierwszym językiem, poproś kogoś, kto mówi po angielsku, o kontakt telefoniczny z (PALS 01983 534850) aby uzyskać więcej informacji i pomoc

**Russian:**

Если вы не можете прочитать этот буклет на английском языке потому что не является первым языке, пожалуйста, попросите кого-нибудь, кто говорит на английском языке для телефонного (PALS 01983 534850) для получения дополнительной информации и помощи

**Turkish:**

Eğer İngilizce ana diliniz değilse, çünkü bu broşürü okumak için yapamıyorsanız, daha fazla bilgi için 01983 534850 üzerinde PALS telefon İngilizce bilen birine sormak ve yardım lütfen

**Bulgarian:**

Ако не сте в състояние да прочетете тази листовка, тъй като английският не е първи език, попитайте някой, който говори английски, за да телефонирам (PALS на 01983 534850) за повече информация и помощ

**Czech:**

Pokud nejste schopni přečíst tuto příbalovou informaci, protože angličtina není vaším rodným jazykem, zeptejte se někoho, kdo mluví anglicky na telefonní PALS na 01983 534850 pro další informace a pomoc

**Bengali:**

আপনি ইংরেজি আপনার প্রথম ভাষা না থাকার কারণে এই লফিলটে পড়তে অক্ষম হন, তাহলে আরও তথ্যের জন্য 01983 534850 নভেগেশন PALS টেলিফি এন ইংরেজি কথা কড়ে জিজ্ঞাসা করুন এবং সাহায্য করুন

If you require this leaflet in another language, large print or another format, please contact the PALS Team, telephone 01983 534850, who will advise you.

## What is NIV?

Non-invasive ventilation (NIV) consists of a device connected to tubing which delivers air to your lungs via a mask. This supports your breathing and rests your respiratory muscles, by increasing the oxygen and decreasing the carbon dioxide levels in your blood.

## Why do I need NIV?

NIV is used to manage/treat respiratory failure. This could be caused by an underlying condition such as COPD, MND, Sleep Apnoea, etc.

## What does my appointment involve?

During your appointment you will be fitted with a NIV machine and a mask which could be either facial or nasal, depending on your preference and comfort. You will be shown how to use your NIV and how to keep your equipment in good condition.

Occasionally we might need to take a small blood sample from your ear lobe to measure your oxygen and carbon dioxide levels. We will let you know if this is relevant to you on your appointment.

## Who will carry out my appointment?

A qualified Respiratory and Sleep Physiologist will set you up with your new NIV.

During your appointment you will have the opportunity to ask any questions you might have.

## Benefits of using NIV

- Improved sleep quality.
- Better energy and concentration levels.
- Improved breathlessness.
- Improved morning headaches.
- Reduced likelihood of hospital re-admissions.

## Are there any risks?

There are very few risks associated with NIV. These are mainly associated with high air pressures, which is why we will monitor you at regular basis.

## How long will the appointment take?

Your appointment will last up to one hour. During your appointment we will also discuss with you:

- Your underlying condition and need for NIV
- How you might benefit from this treatment
- Health impact of untreated respiratory failure.

Please feel free to bring your partner, a family member or a friend. This will help them feel engaged with your treatment and will support you further on your journey.

## After your appointment

NIV is an ongoing treatment and you will be followed up at regular periods. This ensures that we offer you continuous support, whilst monitoring your respiratory condition.