

**BELOW IS IMPORTANT INFORMATION ABOUT NAIL SURGERY.
PLEASE READ THROUGH CAREFULLY.
IF YOU HAVE ANY QUESTIONS, CONTACT YOUR PODIATRIST**

The full details of your treatment choices will be explained and discussed with you by your podiatrist.

The operation involves administering a local anesthetic to each side of your toe. The toe will become numb before surgery begins. At the end of the surgery (the procedure takes approximately one hour) a large dressing will be applied and then you will be able to go home. The toe will usually remain numb for 2 to 4 hours.

- **Intended benefits:** To cure painful / problem toe nail conditions.
- **Serious or frequently occurring risks:** As with all minor surgical procedures there are risks. With nail surgery this can be; delayed healing; nail re-growth; localised infection; chemical burn; occasional prolonged numbness and rarely, an adverse reaction to the local anaesthetic can occur.

It is normal to remove part or all of the toenail. The nail bed is then treated with a chemical to prevent the nail growing back.

A bulky dressing will be applied to your toe. Please bring extra wide shoes or open toe sandals.

The toe will need regular redressing until it has healed, which may take several weeks (You will receive instructions on aftercare before you leave). This can mean that you may not be able to wear your normal style of footwear for some time and sporting activities may be affected.

Once the toe has healed, you will find your toe has a different appearance.

Please bring a list of any medication you are taking currently.

If you are taking Warfarin, or other blood thinning medication, please seek advice from your doctor or blood clinic about the need to reduce your dose before surgery.

For all procedures where surgery is required we need to give you a local anaesthetic. There is no need to fast prior to a local anaesthetic, so please eat normally.

Please ensure that you have not had another local anaesthetic within 24 hours of your appointment (neither before or after your surgery).

If you have had any previous physical reactions to a local anaesthetic, please discuss this with the podiatrist, as an alternative treatment may be required.

Local anesthetics are not advised during pregnancy or breastfeeding. Please advise if this is the case.

A parent or guardian should accompany those under 16 years of age.

Let us know if you are planning a holiday, or sporting activity or other surgery within 4 weeks of your appointment as this may affect your healing.

Make sure that your feet are clean, and nail varnish removed.

**Do not drive on the day of your operation, as this may invalidate your car insurance.
Arrange alternative transport.**